

The Five Unity Principles

God is absolute good, everywhere present.

Every human being has a spark of divinity within, the Christ spirit. Our essence is of God; therefore, we are inherently good.

We are co-creators with God, creating reality through thoughts held in mind.

Through prayer and meditation, we align our heart-mind with God. Denials and affirmations are tools we use.

Knowing and understanding Unity Principles is not enough – we must also live the Truth we know through our thoughts, words, and actions.

Welcome to Unity of Raleigh!



Please mute your cell phone

How can I serve today, sweet Spirit?

How can I serve today, oh Lord?

Speak in ways that I will understand.

Where you lead me, I will follow.

Where you lead me, I will go.

(REPEAT)

Who needs my love today, sweet Spirit?

Who needs my love today, oh Lord?

Speak in ways that I will understand.

Where you lead me, I will follow.

Where you lead me, I will go.

(REPEAT)

How must I share today, sweet Spirit?

How must I share today, oh Lord?

Speak in ways that I will understand.

Where you lead me, I will follow.

Where you lead me, I will go.

(REPEAT)

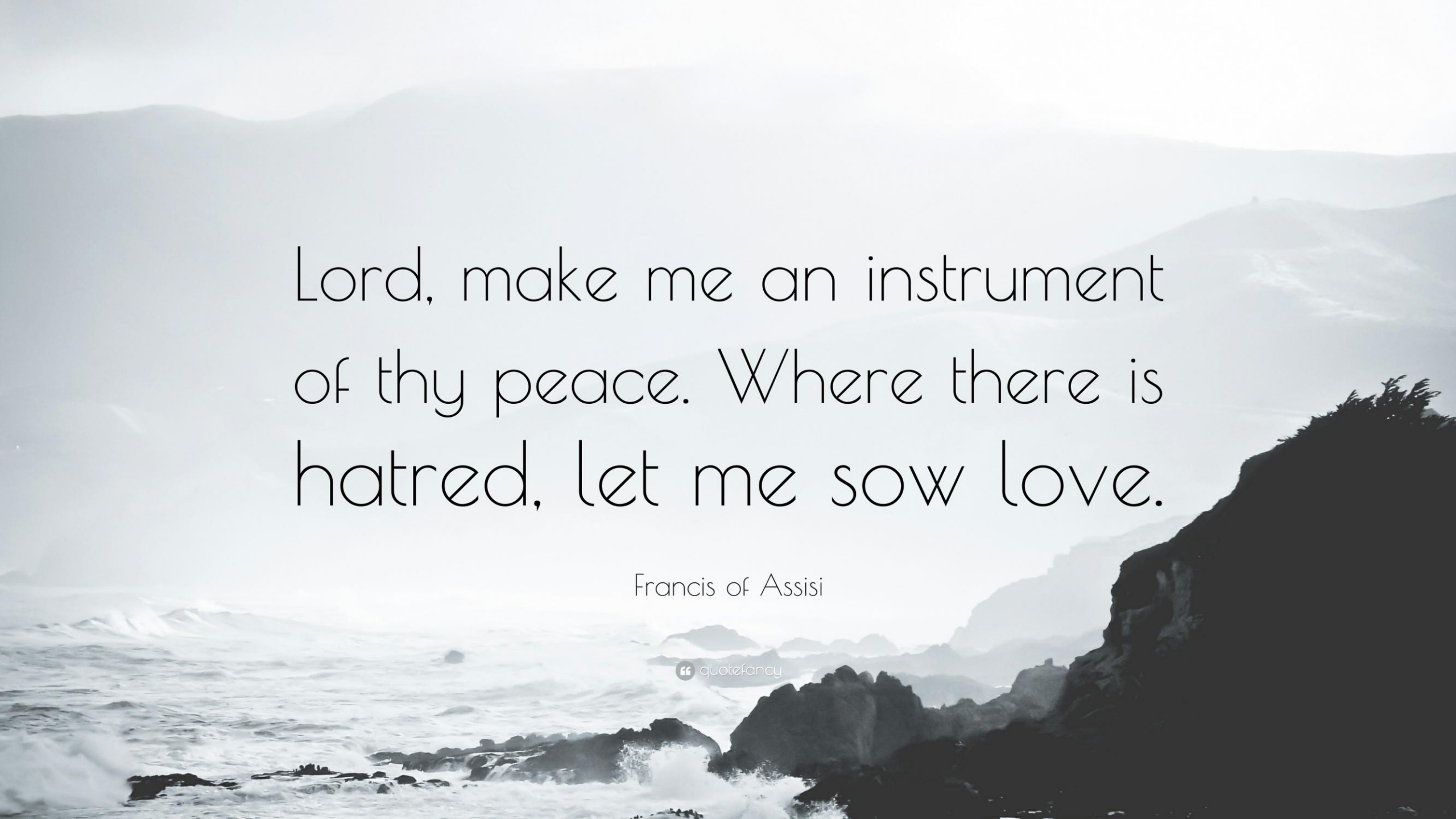
You are the face of God, I hold you in my heart;

You are a part of me, you are the face of God.

You are the face of Love, I hold you in my heart;

You are a part of me, you are the face of Love.

Rev. Ellen Barron



Lord, make me an instrument
of thy peace. Where there is
hatred, let me sow love.

Francis of Assisi

“ quote fancy



I am an instrument
of Divine Peace.



Together, we envision a nation
guided by love, wisdom,
and respect for all.

Sun is up, a new day is before you.

Sun is up, wake up your sleepy soul.

Sun is up, hold on to what is yours.

Take up your spade and break ground.

Shake off your shoes, leave yesterday behind you.

Shake off your shoes, but forget not where you've been.

Shake off your shoes, forgive and be forgiven.

Take up your spade and break ground.

Give thanks, for all that you've been given.

Give thanks, for who you can become.

Give thanks, for each moment and every crumb.

Take up your spade and break ground.

Platform Leader:

Cathie Ledwell

**There is only One Presence
and One Power in the universe
and in my life and affairs,
God the Good.**

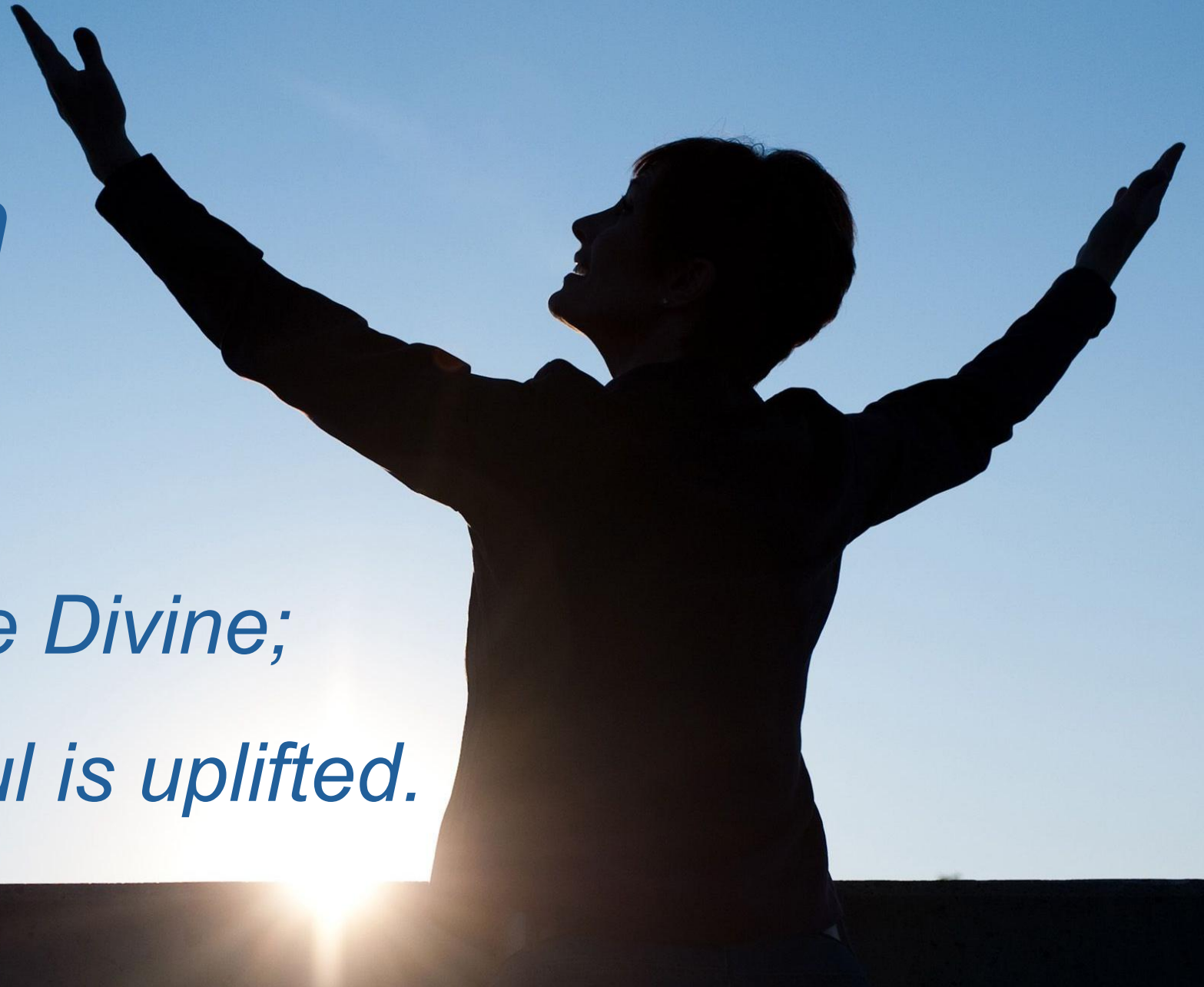


Daily Word:

Meditation

Affirmation:

*I am one with the Divine;
my spirit and soul is uplifted.*



**The Sacred Dance
of Wholeness:
*A Guided Meditation...***

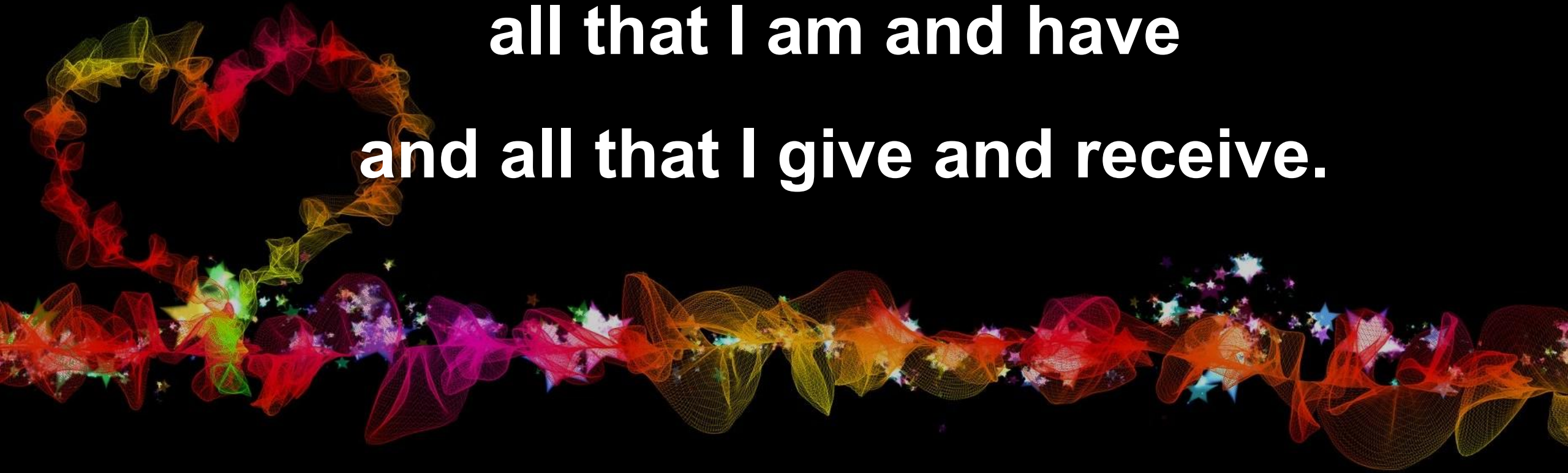
Rev. Ellen Barron, M.Div.

Ways to Give at UCR:



Thank you for your donation!

**Divine Love flowing through me
blesses and multiplies
all that I am and have
and all that I give and receive.**





Do we have any

November birthdays?

*Join us as we celebrate
with birthday cake and
our potluck right after the
service!*

Now let's sing

Happy Birthday!



Prayer Ministry Zoom Meeting:

Thursday, November 5,

7:00 - 8:00 p.m.

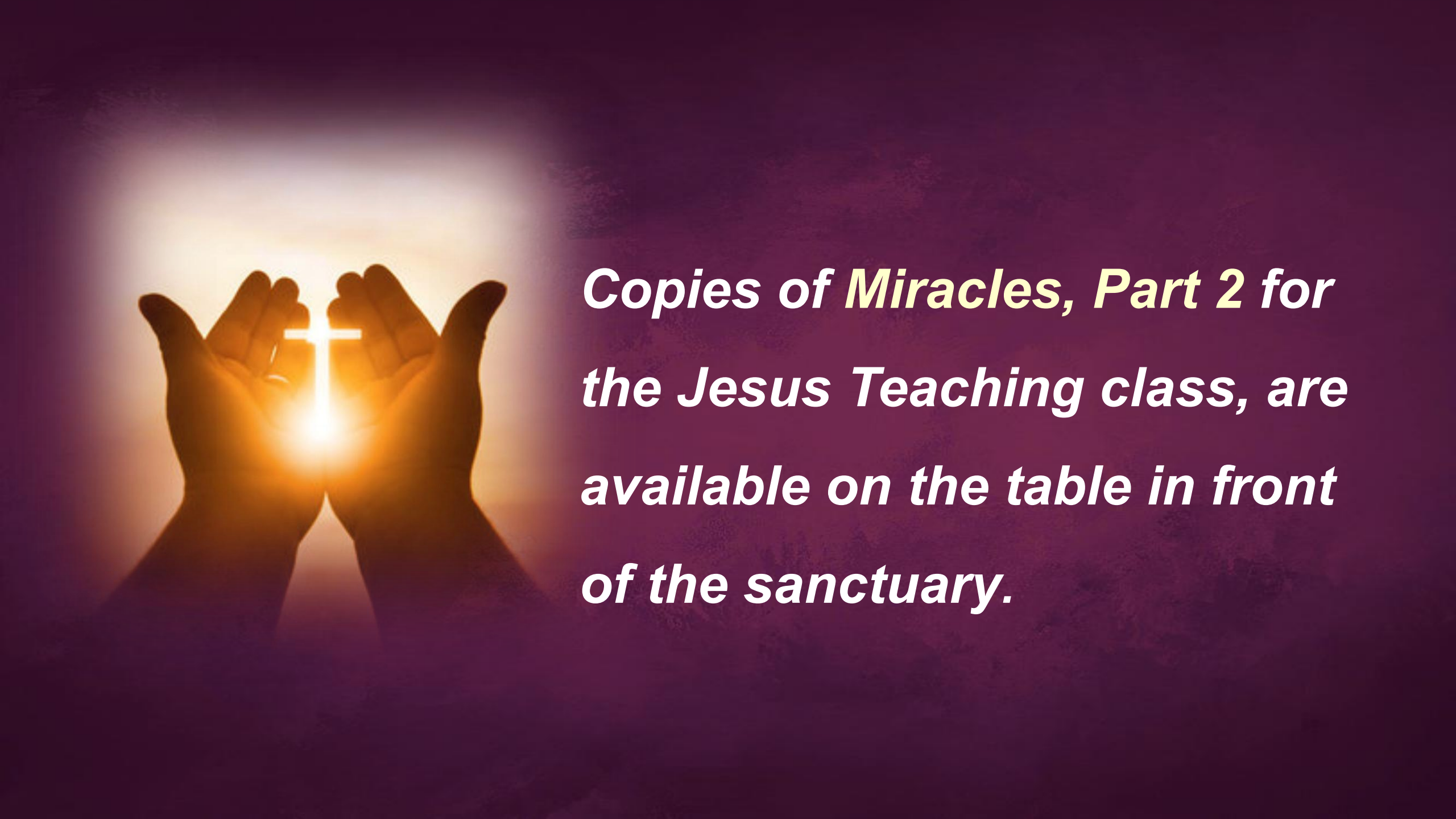
The Spiritual Power of "No".

Free: All Are Welcome!

Spiritual Insights Podcast, Monday, November 2nd.



*Rev. Ellen and
Sharri Gaines,
explore
Centering Prayer,
a contemplative
meditation
practice.*



***Copies of **Miracles**, Part 2 for
the Jesus Teaching class, are
available on the table in front
of the sanctuary.***



Unity Worldwide Ministries is hosting a free online musical gathering, titled "Sing for Democracy" on Sunday, November 1, 2026, at 5:00 PM CT. Register online on the Unity Worldwide Ministries Facebook Page, or the Centers for Spiritual Living Instagram.



***Join Rev. Annie next Sunday,
November 8th after service,
for a deeper dive into
Unity's 12 Powers.***

***Attend this eye-opening discussion
in person, or via Zoom from
12 to 1 pm.***



Our church library is open to everyone and completely free.

Browse our collection, take a book, and keep it for as long as you'd like. We also welcome donations.

For questions or to donate, please see Steven Fried.

***We would like to thank everyone who volunteered
and attended Fallo'ween last Saturday evening.***





***Yoga class – this
Wednesday,
at 10:00 a.m.
\$10.00***



***Our Caregivers
Support Group –***
**will meet next Sunday,
November 8th, at 4 pm via Zoom.**
*Find the Zoom link on our
Wellness Website.*



***LeAnna Cargman's
"Discovering Herbal Allies"
workshop will be held on
Saturday, November 14th
from 10:00 a.m. - 11:00 a.m.
information and registration
please visit the website.***



Sunday Guided Meditation: 10:00 a.m.
Sunday Service: 10:30 a.m.

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Awakening Oneness with Universal Spirit

Welcome to Unity Church of Raleigh!



Visit unitychurchofraleigh.com for more information.

Email ucrprograms@gmail.com
to receive our weekly email newsletter.

Healing Circle Prayer Time

Stay for our Healing Prayer Circle,
Followed by a birthday potluck.



The **Light** of God surrounds us.

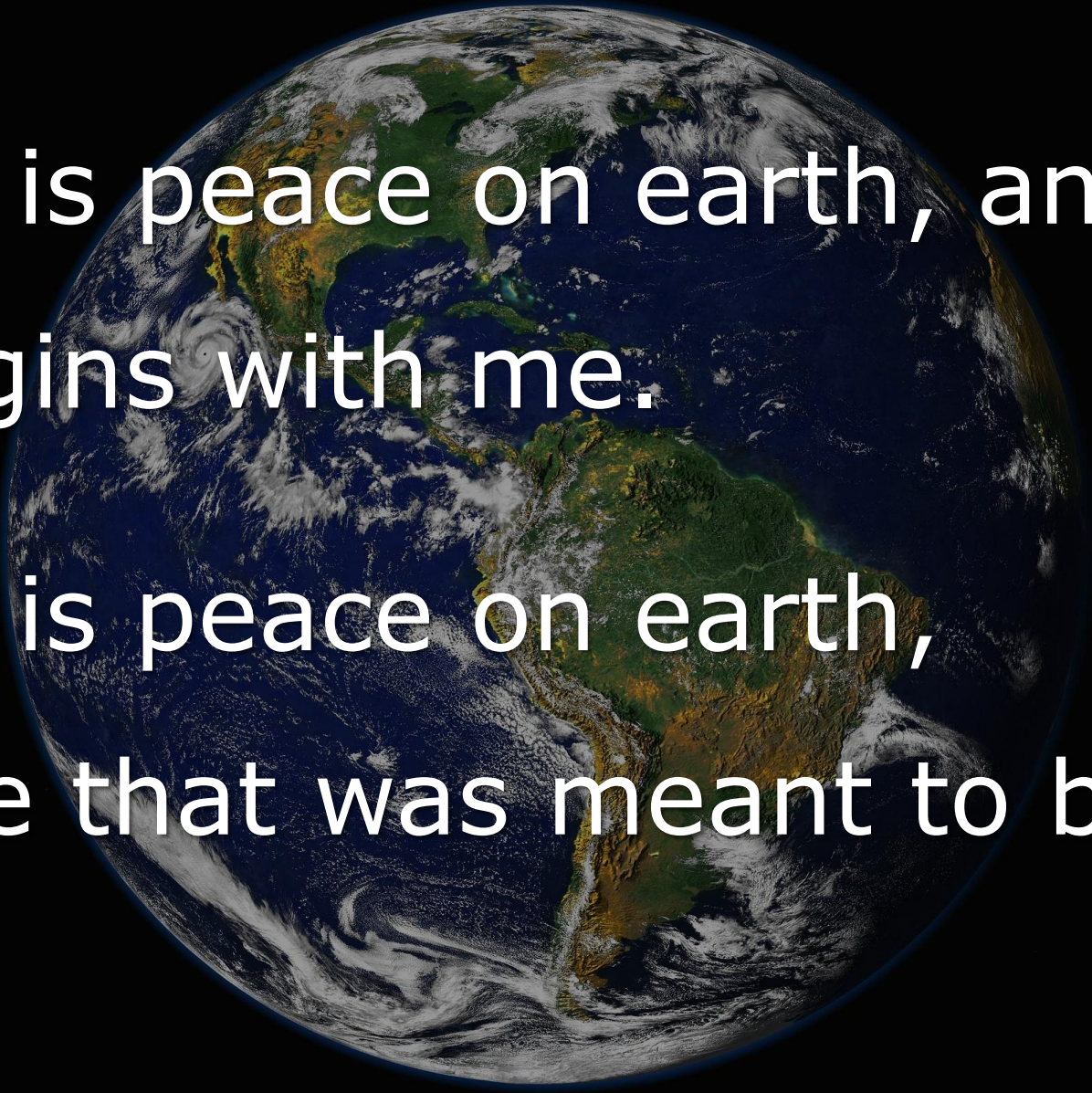
The **Love** of God enfolds us.

The **Power** of God protects us.

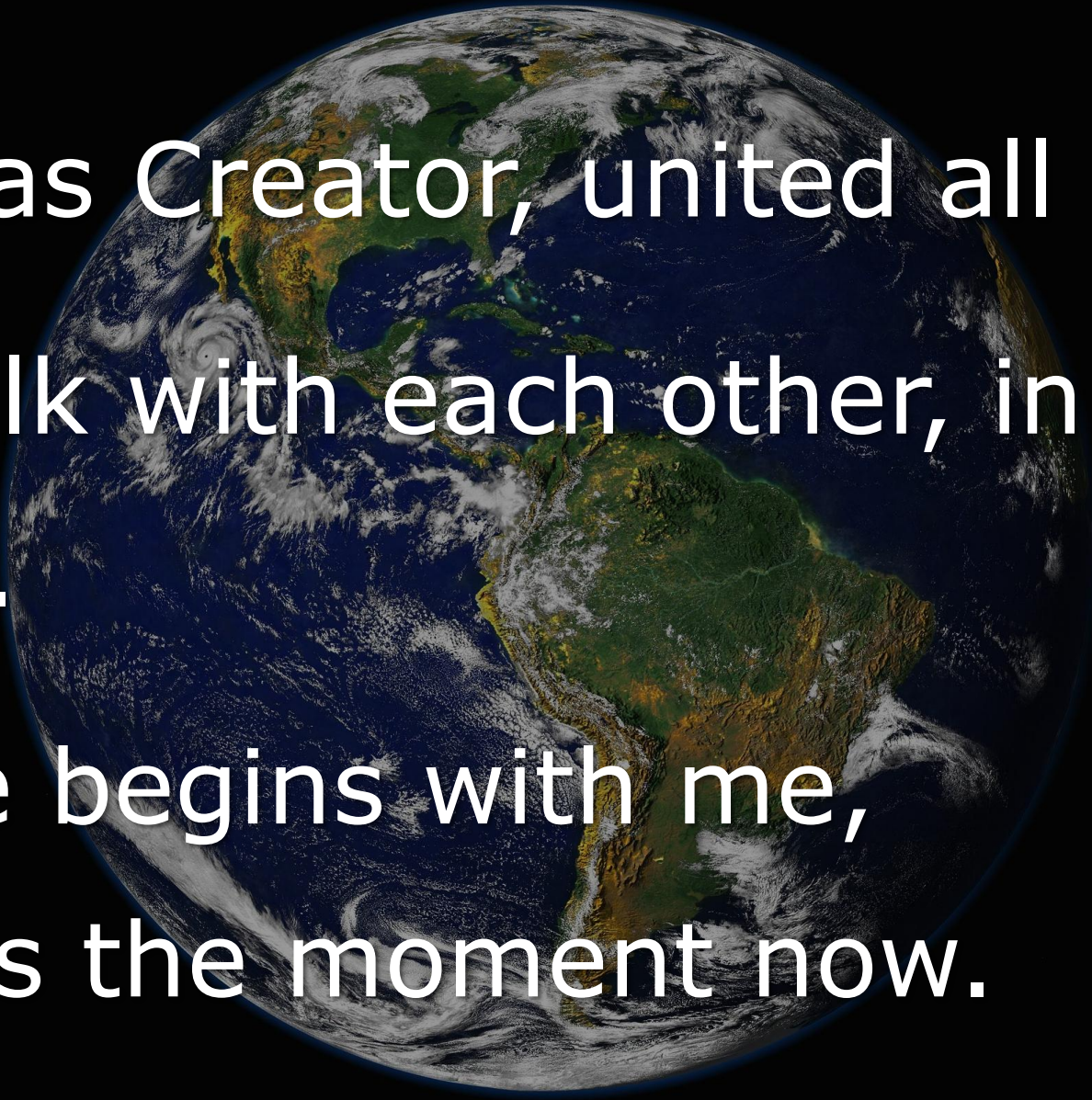
The **Presence** of God watches over us.

Wherever we are, God is.

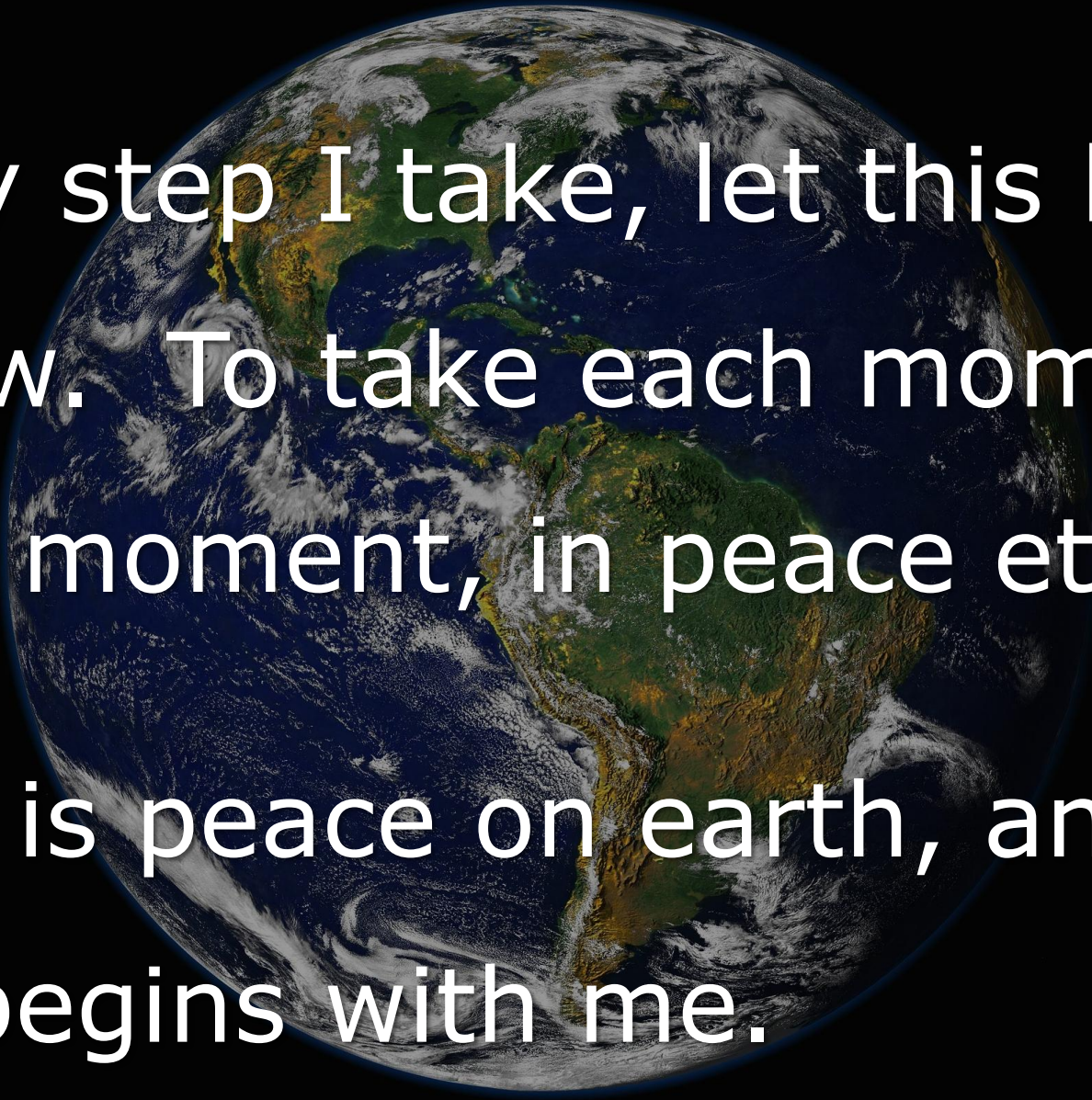
And all is well!

A satellite image of Earth, centered on the Americas. The continents of North and South America are visible in shades of green and brown, surrounded by deep blue oceans and swirling white clouds. The image is set against a solid black background.

Yes, there is peace on earth, and
Yes it begins with me.
Yes, there is peace on earth,
the peace that was meant to be.



With God as Creator, united all are we.
Yes we walk with each other, in perfect
harmony.
Yes, peace begins with me,
Yes this is the moment now.

A satellite image of the Earth, centered on the Americas. The continents of North and South America are visible in shades of green and brown, surrounded by deep blue oceans. White, swirling cloud patterns are scattered across the globe. The entire image is set against a solid black background.

With every step I take, let this be my
joyful vow. To take each moment and
live each moment, in peace eternally.

Yes, there is peace on earth, and
Yes it begins with me.



We love you,
We bless you,
We appreciate you,
And we behold
the Christ in you!

